

2026 Redding Rancheria Northern California Diabetes Conference

Date: Friday, October 23, 2026 8:00 AM – 4:00 PM

Location: Win-River Resort & Casino, Eagle Room

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YOUR CONFERENCE EMCEE

Janelle Revnak, MS, RDN, CDCES, Redding Rancheria

Time	Topic	Speaker	Details
8:00 AM - 9:00 AM	Registration and Welcome Breakfast		Check-in at the registration desk, collect conference materials, and enjoy a healthy breakfast buffet. An opportunity for early networking with peers.
9:00 AM - 9:20 AM	Opening Remarks	Cory Ryan, Community Health Director	Welcome address, introduction to the conference objectives, and a brief overview of the day's schedule.
9:20 AM - 10:20 AM	Cardiovascular Complications in Diabetes	Mohamed Khan, MD	Insights into the relationship between diabetes and cardiovascular diseases, risk factors, and management strategies for patients with diabetes with heart conditions.
10:20 AM - 10:30 AM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
10:30 AM - 11:30 AM	Type 1 Diabetes Screening in Primary Care: Practical Strategies and Perspectives for Primary Care Providers (PCPs).	Summer Ross, DMSc-Student, PA-C, CDCES	Discusses the prevalence of T1D, screening for and identifying the 3 stages of type 1 diabetes and new and emerging treatment options
11:30 AM - 12:30 PM	Mindful Eating and GLP-1 Use	Megrette Fletcher, M.Ed., RD, CDE	Explore whether GLP-1s can become a mediator of behaviors instead of just a pharmacological intervention.
12:30 PM - 1:30 PM	Networking Lunch		Buffet lunch provided, networking opportunity, and a chance to visit sponsor booths.
1:30 PM - 2:30 PM	From Food Signals to Organ Protection: New Pharmacological Advances in Diabetes and CKM Care	Clipper F. Young, PharmD, MPH, CDCES, BC-ADM, BCGP, Aph, FADCES	A practical, evidence-informed update on established and emerging pharmacotherapies that move diabetes care beyond glucose lowering toward integrated metabolic, cardiovascular, and kidney risk reduction.
2:30PM - 2:40 PM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
2:40 PM - 3:40 PM	Panel Discussion: Turning Knowledge into Action	Summer Ross, Megrette Fletcher, Clipper F. Young	Interactive panel discussion exploring practical approaches to improving diabetes care and outcomes.
3:40 PM - 4:00 PM	Closing Remarks	Janelle Revnak, MS, RDN, CDCES	Summary of the day's highlights, announcement, and closing thoughts.