

2025 Redding Rancheria Northern California Diabetes Conference

Date: Friday, November 21, 2025 8:00 AM – 4:00 PM

Location: Win-River Resort & Casino, Eagle Room

Time	Topic	Speaker	Details
8:00 AM - 9:00 AM	Registration and Welcome Breakfast		Check-in at the registration desk, collect conference materials, and enjoy a healthy breakfast buffet. An opportunity for early networking with peers.
9:00 AM - 9:20 AM	Opening Remarks	Jay Roitman, DO	Welcome address, introduction to the conference objectives, and a brief overview of the day's schedule.
9:20 AM - 10:20 AM	Cardiovascular Complications in Diabetes	Mohamed Khan, MD	Insights into the relationship between diabetes and cardiovascular diseases, risk factors, and management strategies for patients with diabetes with heart conditions.
10:20 AM - 10:30 AM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
10:30 AM - 11:30 AM	Diabetes Distress	Summer Ross, DMSc-Student, PA-C, CDCES	How Burnout Affects Behavior. A practical review for Diabetes Health Care Providers
11:30 AM - 12:30 PM	Healing through Connection for Healthcare Professionals	Beverley Thomassian, RN, MPH, CDCES, BC-ADM	Explore how empathy, emotional awareness, and authentic connection between providers and patients foster healing and reduce diabetes distress.
12:30 PM - 1:30 PM	Network Lunch		Buffet lunch provided, Networking opportunity and a chance to visit sponsor booths.
1:30 PM - 2:30 PM	Difficult-to-Control Type 2 Diabetes: Hypercortisolism Might be the Underlying Factor	Clipper F. Young, PharmD, MPH, CDCES, BC-ADM, BCGP, Aph FADCES	How hypercortisolism contributes to difficult-to-control type 2 diabetes. Guides for clinicians on recognizing warning signs, diagnosing, and managing the condition using evidence-based approaches.
2:30PM - 2:40 PM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
2:40 PM - 3:40 PM	Panel Discussion: "Multidisciplinary Approach to Diabetes Management"	Jay Roitman, Summer Ross, Beverley Thomassian, Clipper F. Young	Insights into collaborative care models and patient-centered approaches.
3:40 PM - 4:00 PM	Closing Remarks	Jay Roitman, DO	Summary of the day's highlights, announcement, and closing thoughts.