

2024 Redding Rancheria Northern California Diabetes Conference

Date: Friday, October 25, 2024, 8:00 AM – 3:30 PM

Location: Win-River Resort & Casino, Eagle Room

Time	Topic	Speaker	Details
8:00 AM - 9:00 AM	Registration and Welcome Breakfast		Check-in at the registration desk, collect conference materials, and enjoy a healthy breakfast buffet. An opportunity for early networking with peers.
9:00 AM - 9:20 AM	Opening Remarks	Jay Roitman, DO	Welcome address, introduction to the conference objectives, and a brief overview of the day's schedule.
9:20 AM - 10:10 AM	Cardiovascular Complications in Diabetes	Mohamed, Khan, MD	Insights into the relationship between diabetes and cardiovascular diseases, risk factors, and management strategies for diabetic patients with heart conditions.
10:10 AM - 10:20 AM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
10:20 AM - 11:10 AM	Northern California Diabetes Statistics	Shasta County Public Health	Panel discussion about local diabetes epidemiology, diabetes prevention, and resources
11:10 AM - 12:00 PM	All Voices Matter – Providing Collaborative Diabetes Care	Beverly Thomassian, RN, MPH, CDCES, BC-ADM	A. Latest ADA Goals of Diabetes Care B. Identifying real barriers to diabetes self-management C. Incorporating communication approaches that work D. Using the 5 M's to collaborate and inspire
12:00 PM - 1:00 PM	Network Lunch		Buffet lunch provided, Networking opportunity and a chance to visit sponsor booths.
1:00 PM - 1:50 PM	Integrating Technology into your practice	Jay Shubrook, DO	Session on how to effectively use CGM, pumps, smart pens, download station, websites
1:50 PM - 2:00 PM	Coffee Break		Networking opportunity and a chance to visit sponsor booths.
2:00 PM - 3:00 PM	Panel Discussion: "Multidisciplinary Approach to Diabetes Management"	Jay Roitman, Mohamed Khan, Shasta County Public Health, Beverley Thomassian, Jay Shubrook	Insights into collaborative care models and patient-centered approaches.
3:00 PM - 3:30 PM	Closing Remarks	Jay Roitman, DO	Summary of the day's highlights, announcement, and closing thoughts.